March Parent's Information

Our themes for March: continuing with Myself and introducing Spring & growth outdoors

Our colour is green



Shape is rectangle

Vocabulary linked to our theme.

We will be talking about the weather in spring; longer, brighter days as well as the signs of growth all around us outdoors. We will be talking about the season of Lent —helping others through our Trocaire collection.

This month we will also celebrate the life of our Patron Saint – St. Patrick.

Please talk about these with your child:-



Flowers



Seeds



Rake



Bulbs



Watering can



Buds

March songs and rhymes-

The Gardener Plants the Seeds

(tune of The Farmer's In His Den)

The gardener plants the seeds. The gardener plants the seeds. Hi-ho, the dairy-o. The gardener plants the seeds.

<u>2nd verse</u>: The rain falls on the ground.

warm.

<u>3rd verse</u>: The sun shines bright and

4th verse: The seeds begin to grow.
5th verse: Flowers grow everywhere.

5 Little Peas

5 little peas in a pea pod pressed 1 grew, 2 grew and so did all the rest They grew and they grew and they did not stop Until one day the pod went POP!

Flower finger play

A hand is a bud Closed up tight Without a tiny Speck of light. [Close hand into a fist]

Then slowly the petals
Open for me
And here is a beautiful
Flower I see! [Slowly open hand, 1 finger at a time]

Spring is here

(sung to tune of 'London Bridge')

Leaves are growing on the trees, on the trees. Leaves are growing on the trees, it is springtime.

All the grass is turning green

See the birdies build their nest

Watch the flowers start to grow

You can add in your own ideas as you talk about Spring

How you can help your child at home:-

Personal, Social & Emotional Development

Let your child set the table - as they do in nursery school. Let them pour their own drinks and maybe those for their siblings also. Finally encourage them to show you how they can clean their own place at the table when they are finished.

Language Development

Play lots of memory games - this will help your child's attention and listening skills. Show a range of 3 or 4 items, child closes eyes and you take 1 away - can your child recall what's missing? Make it more difficult by increasing the number of items and then taking away 2 or 3 of them. Same items - ask your child to give you 1 of the named items, make it harder by asking for 2 or 3 of the items.

Early Mathematical Experiences

Talk about everyday routines and put them into order - first, next, then Line up some toys - which is first, last, in the middle or in between.

The Arts

Encourage your child to perform the songs and rhymes included.
Use chalks outdoors on the ground or wall, old paint pots or buckets filled with water and large paint brushes or roller brushes & freshen up the fencing or walls outdoors!

Physical Development & Movement

Go on outdoor walks and let your child ride their bike or trike. Encourage your child to climb a tree, walk along a fallen log, jump from a height. Have a 'disco' and dance to all their favourite songs.

The World Around Us

Plant some herbs or seeds - flowers or fruit / vegetables. Talk about the sequence when planting seeds and watching them grow.