



# September - Settling In

September is all about settling in, becoming familiar with, and understanding our daily routines as well as building relationships with each other. During the month of September we shall be encouraging the children to talk about themselves, their families and their likes or dislikes.

We focus on the children's wellbeing and provide many opportunities to support each child with the transition from home to nursery school. At self-registration, on arrival to nursery, the children put their names under a happy or sad face according to how they feel at the time. This gives us an opportunity to see which children may need some extra support from us. The children begin to talk about their feelings, particularly happy and sad, at this time.

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## *Vocabulary linked to our theme.*

This month we will be learning the names of different areas, toys, resources and people in our nursery school.

Please talk with your child about the names of the staff and other children in their class.

## September Songs and Rhymes

Nursery rhymes are of great importance to your child's language development. We say them every day with the children, as not only are these fun but they teach basic concepts of rhythm, rhyme, pace and volume, develop listening skills and extend vocabulary. Reciting and singing action rhymes stimulates many parts of the brain and creates neural connections and pathways that otherwise may not be formed.

Please sing, or say these nursery rhymes with your child.

### Humpty Dumpty

Humpty Dumpty sat on a wall,  
Humpty Dumpty had a great fall.  
All the King's horses and all the King's  
men  
Couldn't put Humpty together again!

### Incy Wincy Spider

Incy Wincy spider climbed up the water  
spout. Down came the rain and washed the  
spider out. Out came the sunshine and  
dried up all the rain.  
So Incy Wincy spider climbed up the spout  
again.

### I'm a Little Teapot

I'm a little teapot short and stout  
Here's my handle, here's my spout  
When the kettle's boiling hear me shout  
Tip me up and pour me out.

### Two Little Dickie Birds

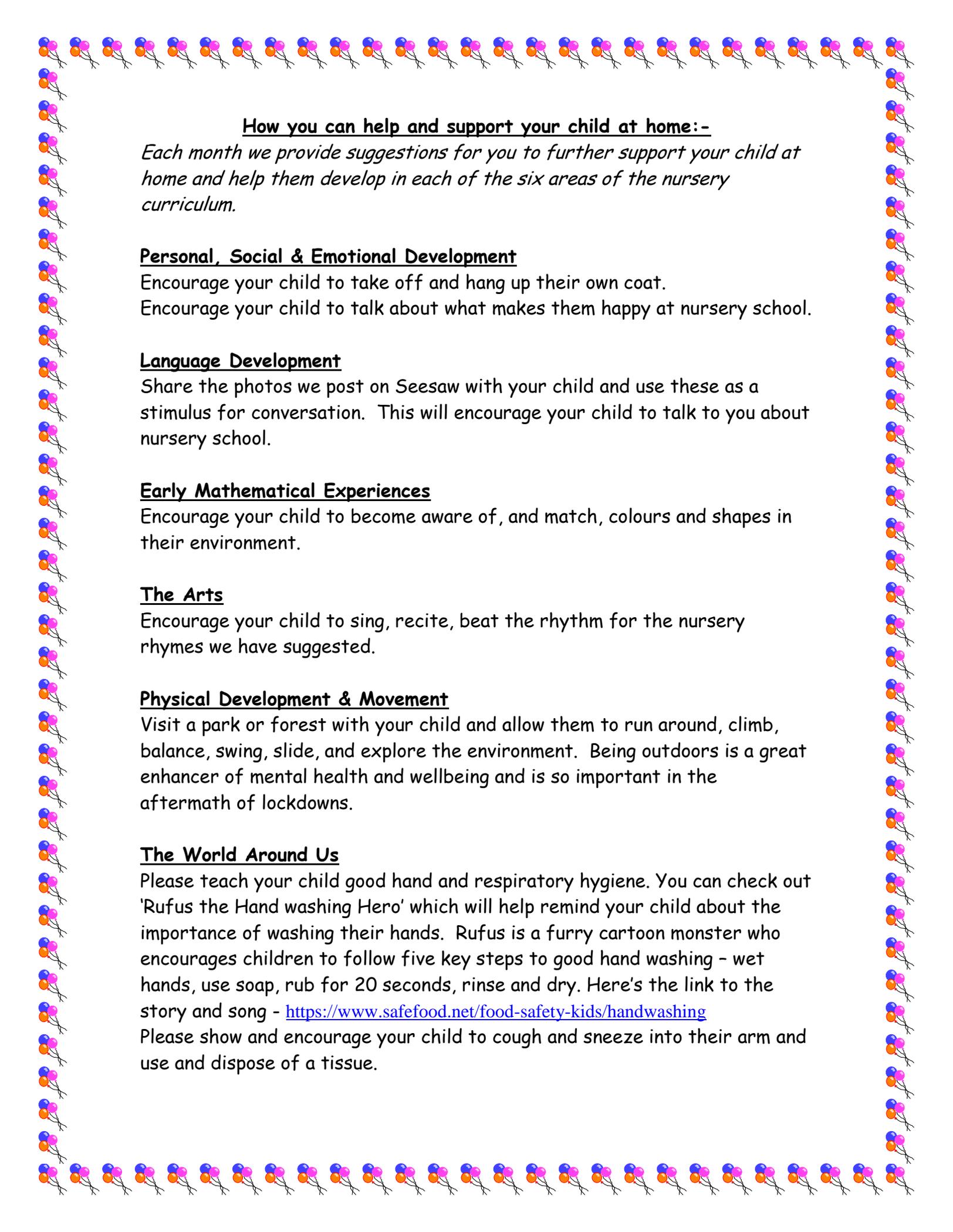
Two little Dickie birds sitting on a wall  
One called Peter and one called Paul  
Fly away Peter Fly away Paul  
Come back Peter Come back Paul

### Tommy Thumb

Tommy Thumb, Tommy Thumb, where are  
you? Here I am, here I am, how do you do?  
Peter Pointer, Peter Pointer, where are  
you? Here I am, here I am, how do you do?  
Toby Tall, Toby Tall, where are you? Here  
I am, here I am, how do you do?  
Ruby Ring, Ruby Ring, where are you? Here  
I am, here I am, how do you do?  
Baby Small, Baby Small, where are you?  
Here I am, here I am, how do you do?  
Fingers all, Fingers all, where are you?  
Here we are, here we are, how do you do?

### Open shut them

Open shut them, open shut them  
Give a little clap, clap, clap.  
*(Open hands, close hands, then clap)*  
Open shut them, open shut them  
Put them on your lap, lap, lap.  
*(Open hands, close hands, place on lap)*  
Creep them, crawl them creep them, crawl  
them  
Right up to your chin, chin, chin.  
*(Wiggle fingers in front moving upwards)*  
Open wide your little mouth  
**But do not put them in, in, in.**  
*(Wiggle fingers inwards in front of mouth)*



## How you can help and support your child at home:-

*Each month we provide suggestions for you to further support your child at home and help them develop in each of the six areas of the nursery curriculum.*

### Personal, Social & Emotional Development

Encourage your child to take off and hang up their own coat.

Encourage your child to talk about what makes them happy at nursery school.

### Language Development

Share the photos we post on Seesaw with your child and use these as a stimulus for conversation. This will encourage your child to talk to you about nursery school.

### Early Mathematical Experiences

Encourage your child to become aware of, and match, colours and shapes in their environment.

### The Arts

Encourage your child to sing, recite, beat the rhythm for the nursery rhymes we have suggested.

### Physical Development & Movement

Visit a park or forest with your child and allow them to run around, climb, balance, swing, slide, and explore the environment. Being outdoors is a great enhancer of mental health and wellbeing and is so important in the aftermath of lockdowns.

### The World Around Us

Please teach your child good hand and respiratory hygiene. You can check out 'Rufus the Hand washing Hero' which will help remind your child about the importance of washing their hands. Rufus is a furry cartoon monster who encourages children to follow five key steps to good hand washing - wet hands, use soap, rub for 20 seconds, rinse and dry. Here's the link to the story and song - <https://www.safefood.net/food-safety-kids/handwashing>

Please show and encourage your child to cough and sneeze into their arm and use and dispose of a tissue.